



American  
Heart  
Association®



SAVE A LIFE

## **South Euclid Fire Department now offers:**

American Heart Association – Basic Life Support (BLS), Friends and Family w/ AED, and Stop the Bleed courses.

Follow-us on Facebook to see when our quarterly classes will be held, instructors will also teach private classes if and when they are needed. We will also proctor the patient assessment portion of the AHA Basic Life Support course after you have completed the on-line portion.

### **Basic Life Support (BLS) Course Content:**

• High-quality CPR for adults, children, and infants • The AHA Chain of Survival, specifically the BLS components • Use of an AED • Effective ventilations using a barrier device • Importance of teams in multirescuer resuscitation and performance as an effective team member during multirescuer CPR • Relief of foreign-body airway obstruction (choking) for adults and infants.

### **AHA Family & Friends CPR Course Content:**

- Adult, Child, and Infant Hands-Only CPR, Adult CPR with breaths, Child CPR with breaths, Adult and Child AED use and, mild and severe airway block for adults, children, and infants.
- Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible.
- Family & Friends CPR is for people who want to learn CPR but do not need a CPR course completion card to meet a job requirement. This course is ideal for community groups, new parents, grandparents, babysitters, and others interested in learning how to save a life.

### **Stop the Bleed Course Content:**

- Is a 90-minute course including a formal presentation and hands-on practice of direct pressure application, wound packing, and use of a tourniquet. The course was developed for a nonmedical audience to address the needs of the immediate responder to control life-threatening bleeding until help arrives.
- The American College of Surgeons (ACS) in collaboration with the medical community and representatives from the U.S. military, the Federal Bureau of Investigation, and governmental and nongovernmental emergency medical response organizations, was formed to enhance survivability from active shooter and intentional mass casualty events.

**To register for one or both of these courses call:**

216-691-4273 or email Scott Sebastian at [ssebastian@seuclidfire.com](mailto:ssebastian@seuclidfire.com)